



IRELAND

WELCOME CAMP

THE PERFECT START TO LIFE IN IRELAND

The HSI Welcome Camp helps international students settle confidently into life in Ireland. Over three structured days in Dublin, students receive guidance on school life, cultural adjustment, online safety, and well-being, all within a fully supervised and supportive environment. The camp ensures a smooth, safe transition into Irish high school and host family life.



DUBLIN

Dublin is a lively, welcoming city where history meets modern student life. From colourful streets to friendly locals, it's the perfect place to start your Irish adventure.

DUBLIN CITY UNIVERSITY

Offers a safe, modern campus with great facilities and green spaces. It's a welcoming environment where students can learn, connect, and feel at home from day one.



DATES : 24TH TO 26TH AUG 2026.

HSI

EXPLORE WONDERFUL EXPERIENCE

Join us on a journey to discover Ireland and begin your high school experience with confidence.



DAY 1: WELCOME, MEET & MAKE FRIENDS

Your first day is all about feeling comfortable, meeting new people, and getting ready for the days ahead.

Arrival & Welcome

- Arrival, registration, and collection of your Welcome Camp pack
- Warm welcome and introduction from the HSI team and local advisors
- Friendly overview of the camp and what the next few days will look like

Getting to Know Each Other

- Fun ice-breaker games where students share their name, country, interests, and favourite things
- A relaxed way to start making friends from around the world

Lunch: International Picnic

- A picnic-style lunch with food inspired by different cultures



Afternoon: Culture, Reflection & Well-Being

- Interactive Cultural Workshop – Learn about Irish history, traditions, food, music, holidays, and everyday life, plus a few Irish phrases and fun facts
- Self-Reflection & Goal Setting – Time to think about personal goals for the school year, with notebooks provided for journaling and planning
- Adapting to Life in Ireland – A supportive session on culture shock, mental health, self-care, resilience, managing homesickness, speaking up, and knowing where to find HSI support

Evening: Team-Building Fun

- Outdoor games and group challenges designed to build confidence, teamwork, and friendships

Shared Accommodation

- Stay in comfortable shared rooms, a great way to relax and bond with other students.



DAY 2: SCHOOL LIFE, CITY LIFE & CONNECTIONS

Morning: Preparing for School Life

- Group workshops on adapting to Irish high school and new learning environments
- Tips on making friends, overcoming social anxiety, and balancing online and offline social life, including an Online Safety Toolkit
- Practical advice on improving English communication, managing time, getting around, and interacting with classmates

Guest Speaker Session

- An interactive talk with a local student or teacher sharing real-life experiences of Irish high schools
- Q&A on the Irish education system, differences from home countries, and tips for success

Lunch: Peer Meet & Greet

- Lunch with local students or experienced international students
- A relaxed opportunity to ask questions and feel more confident speaking with Irish peers

Afternoon: Getting Involved & Exploring Dublin

- Local Integration Session – Learn how to get involved in clubs, sports, volunteering, festivals, and community activities
- City Centre Exploration – A guided walk through Dublin city centre, with time to explore and enjoy some shopping

Evening: Relax & Have Fun

- Pizza party
- Movie night

Day 3: Celebration & Next Steps

Morning: Farewell & Certificates

- Certificate of Completion and small keepsake to remember the Welcome Camp
- Closing speech with encouragement, key takeaways, and tips for starting school life in Ireland
- Group photo session to capture the memories

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“The activities were amazing. City tours, sports, and cultural workshops made everything more fun.”

João V.



Mid-Morning: Onward to Host Families

- Organised logistics and supervised transport
- Buses arranged to take students to their host families



Start Your Adventure Here!



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“I met people from so many countries and learned a lot about Irish culture and daily life.”

Ana C.



At High Schools International, our mission is to empower and support international students in achieving their academic and personal goals. We are committed to providing comprehensive support and guidance throughout the study abroad journey, ensuring that each student feels valued and supported.



Contact Us For More Information

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Your cultural exchange programme starts here.

Join us on a journey to discover Ireland and begin your high school experience with confidence.